

SOPHIE GROENSTEIN

Illustrator/Muralist

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Artist Bio

Born and raised in Connecticut, Sophie Groenstein stands out as a multi-faceted creator who brings her artwork to life by celebrating the warmth of individuality through a vibrant lens. Her distinctive style emanates positivity and binds the dynamic spirit of her surrounding community to share their story, inspire reflection, and form connections.

After earning her BFA in illustration, Sophie turned her passion for creating murals into her own business: *Sophie Groenstein LLC*. Her mission as a professional muralist is to empower those of all ages to find their inner artists and to represent communities of all backgrounds through her art.

Featured Connecticut Murals

October 2022- Lucky Dog Refuge, Stamford, CT.

September 2022- Fryborg, Trumbull, CT.

Feb 2022- Sage Park Middle School, Windsor, CT.

Feb 2023- Square Peg Pizzeria, Glastonbury, Vernon, CT.

March 2023- Back East Brewing, Bloomfield, CT.

March 2023- Bloomfield Congregational Church Daycare, Bloomfield, CT.

May 2023- Dom's Broad Street Eatery, Windsor, CT.

May 2023- Likkle Patty Shop, Windsor, CT.

June 2023- Taste of Hartford Event, Hartford, CT.

June 2023- Downtown Windsor, Windsor, CT.

August 2023- Athletic Brewing Co, Milford, CT.

September 2023- Mojo's Restaurant, Windsor, CT.

October 2023- Athletic Brewing Co, Milford, CT.

November 2023- Terry Pool, East Hartford, CT.

November 2023- SINA, Hartford, CT.

December 2023- Mabelle B. Avery Middle School, Somers, CT.

Exhibitions

- 2023- **Almost Famous Brewing Co.** "Monthly Artist Pop-Up" East Granby, CT.
- 2023- **Weha Brewing Co.** "Monthly Artist Pop-Up" West Hartford, CT.
- 2023- **Monarch Festival**, First Town Downtown, Windsor, CT.
- 2023- **Hartford Taste Festival**, "Featured Live Painter", Hartford, CT.
- 2023- ***The Committee, "Peace and Understanding"***, Windsor Art Center, CT.
- 2022- **Art Pop-Up**, Gastro Park, West Hartford, CT.
- 2022- **Hartford Art Space Showcase**, Hartford, CT.
- 2022- **Senior Exhibition Show**, Joseloff Gallery, West Hartford, CT.
- 2021- **Art for AIDS**, Hartford, CT.
- 2021- **Goldfarb Juried Exhibition**, University of Hartford, West Hartford, CT.
- 2020- **Art for AIDS**, Hartford, CT.

Awards & Grants

- 2022- **Irma & Mort Handel Illustration Award**, University of Hartford, CT.
- 2022- **Senior Illustration Award**, University of Hartford, CT.
- 2021- **Creative Career Connection Grant**, Hartford Art School, CT.
- 2021- **Goldfarb Finalist**, Hartford Art School, University of Hartford, CT.
- 2020- **HAS Honors Program**, University of Hartford, CT.

Features & Publications

- 2023- [Windsor Patch](#), Windsor, CT.
- 2023- [University of Hartford Alumna Showcase](#), Hartford, CT.
- 2023- [Hartford Taste Festival](#), Hartford, CT.
- 2023- ["Peace and Understanding"](#) Windsor Art Center, CT.
- 2022- [Murals in Blueback Square](#), West Hartford, CT.
- 2022- [The Gallery at WeHa Brewing Co.](#), West Hartford, CT.
- 2022- [Parkville Paints Project](#), Hartford, CT.
- 2022- ["Local artists bring colorful murals to life at The Promenade Shops at Evergreen Walk"](#) South Windsor, CT.
- 2022- [Guided Live Painting Event](#), University of Hartford, CT.